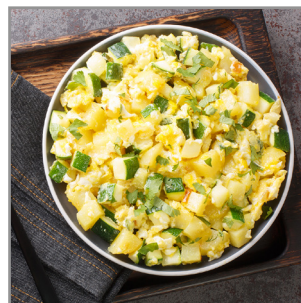


Curried Egg Salad Snack

Ingredients:

- 8 hard-boiled eggs, chopped
- 1/4 cup plain fat-free yogurt
- 1 tablespoon parsley flakes
- 1/4 teaspoon onion powder
- 1/4 teaspoon paprika
- 1/4 teaspoon curry powder
- 1/4 teaspoon salt
- Crackers



Directions

1. Mix all ingredients except crackers in a medium bowl.
2. Serve with crackers.

Makes 8 servings

*To make a recipe card, print on card stock paper. Cut out along dotted lines.
Glue the front and back of the card together.*