

## Pre-Hike Apple Dip

A no-bake recipe

### Ingredients:

- 1/4 cup chopped apples
- 2 tablespoons sour cream
- 1 teaspoon brown sugar
- Shortbread cookies



### Directions

1. In a small bowl, combine apples, sour cream, and brown sugar.
2. Serve with cookies for dipping.

*Makes 1 serving*

***To make a recipe card, print on card stock paper. Cut out along dotted lines.  
Glue the front and back of the card together.***