

## Strawberry Campfire Cocoa

A low-sugar recipe

### Ingredients:

- 2/3 cup skim milk
- 2 tablespoons sugar-free seedless strawberry jam
- 1 (.52-ounce) packet no-sugar-added hot cocoa mix
- Sugar-free whipped topping, thawed



### Directions

1. Pour milk into a small, microwave-safe bowl. Microwave for 1 minute until hot.
2. Whisk in jam and hot cocoa mix until frothy.
3. Pour into a mug and top with whipped topping.

*Makes 1 serving*

*To make a recipe card, print on card stock paper. Cut out along dotted lines. Glue the front and back of the card together.*