Advanced Palliative Practice Skills (APPS)

This course is for **Personal Support Workers** (PSWs) or **Health Care Aides** (HCA) who have **completed the Fundamentals of Hospice Palliative Care course** and would like to build more skills in providing palliative and end-of-life care.

Course Overview:

This 8-week course builds on your learning from the Fundamentals course. You will learn how to:

- Build on your knowledge and confidence in providing palliative and end-of-life care as a PSW or HCA
- Strengthen skills in communication, teamwork, and symptom management
- Deepen understanding of loss, grief, ethics and comfort at end-of-life
- Strengthen your own self-care and resilience

Why Take the APPS Course?

This course helps you meet the **palliative care competencies for PSWs** outlined by the Ontario Palliative Care Competency Framework and Canadian Interdisciplinary Palliative Care Competency Framework. It also supports confidence and comfort in providing compassionate care.

Eligibility

- **Fundamentals of Hospice Palliative Care course completed within the last 5 years**
- After registering, please email your certificate to: jsagar@acclaimhealth.ca

Course Requirements: (Total course time is approximately 20 hours)

To receive a Certificate of Completion, you must:

- **Complete all 8 online modules** before the live online session
- Take part in **interactive activities and case studies**
- Complete the **self-checks & quizzes**
- **Attend and participate in the live online Case-Based Learning Session** (Note: participation includes small group discussions)

Course Access: You will receive **a welcome email one week before the course starts with login instructions.** If you do not receive it, please contact the Admin Assistant at 905-827-8111.

Technology Needed: Course modules are online (D2L Brightspace Learning Environment). You will need access to a **computer, tablet or smart phone** with **internet, microphone and camera**. If this is a barrier, please let us know – we are here to help.

Register at: www.acclaimhealth.ca/apps or click the registration link below.

Course Component	Dates & Times
Registration & Refund Deadline **Register here**	Monday, January 5, 2026
Course Modules Open	Monday, January 12, 2026
Live Online Case-Based Learning Session	Tuesday, March 10, 2026 – 6:00 – 8:30pm

Course fee is $40

QUESTIONS? Please contact us at 905-827-8111